

2022 ANNUAL CO^{OP}A SYMPOSIUM

NO LIMITS!

HOSTED BY



**THURSDAY & FRIDAY
NOVEMBER 3 & 4**

**CHALLENGED ATHLETES FOUNDATION
9591 Waples St • San Diego, CA**



CO^{OP}A

California Orthotic & Prosthetic Association

www.californiaoandp.com

COPA ANNUAL SYMPOSIUM

NO LIMITS!

THANK YOU TO OUR GENEROUS HOST



THANK YOU TO OUR SPONSORS



THANK YOU TO OUR EXHIBITORS



COPA ANNUAL SYMPOSIUM

NO LIMITS!

HOSTED BY



THURSDAY • NOVEMBER 3

- 8:00 AM *EXHIBITOR SETUP*
- 8:30 AM *REGISTRATION & BREAKFAST*
- 9:00 AM **Welcoming Remarks/COPA Update**
by Spencer Greene,
Hanger Regional Director & COPA President
- 9:15 AM **Government Affairs Update**
by Bryce W. A. Docherty,
Founder & CEO, TDG Strategies, LLC
- 9:45 AM **Best Practices: Appropriate Benchtop and Clinical Testing Protocols for Socket Safety**
by Gary Berk, Xtremity
- 10:30 AM *LUNCH/EXHIBIT*
- 10:45 AM **Toolkit Update**
by Linda Collins, Össur
- 11:00 AM **What I Learned my First Year as a Lobbyist**
by Whitney Doyle, Florida Alliance for Assistive Services and Technology
- 11:45 AM **Message from Challenged Athletes Foundation**
- 12:00 PM *LUNCH & EXHIBIT*
- 1:30 PM **Advocacy Keynote**
Ashlie White, Amputee Coalition
- 2:30 PM **Communication, Proprioception, and Other Ways To Think Outside the Box**
Cosi Belloso, MSPT, Owner of Palanca, Inc.
- 3:15 PM **Scanning, Modeling and 3D Printing of an AFO—The Digital Process Chain**
Richard Miltenberger, Mecuris GmbH
- 4:15 PM **Twenty-Two Year “Lean” Journey in Prosthetics and Orthotics - A Virtual Presentation**
by David Hughes, Cornerstone P & O
- 5:00 PM *HAPPY HOUR & DINNER*

FRIDAY • NOVEMBER 4

- 8:00 AM *BREAKFAST & EXHIBIT*
- 9:00 AM **Power Knee - The Next Generation**
Justin Pratt, Össur
- 9:30 AM **Documenting Medical Necessity for MPKs: A review of the coverage policies and medical necessity requirements, by payer, for Microprocessor Knees**
by Linda Collins, Össur
- 10:00 AM **Getting Started In Digital Workflow: Scanning Amputees, And Scanning AFO/KAFOs in Neutral with an Adjustable Triplaner Scanning Fixture**
by Jon Naft, CPO, GRE, MyoMo
- 10:45 AM *MORNING BREAK*
- 11:00 AM **Revolutionizing Lower Limb Prosthetics with Innovative Socket Materials**
by Jennifer Dowell & Pamela Hale, CPO,
Clinical Educator, Amparo Prosthetics
- 11:45 AM **Closing Remarks**
by Spencer Greene, COPA President
- 12:15 PM *CLASSES END*

EXHIBITS OPEN ALL DAY.

*Classes and schedule are subject to change without notice.
For most up-to-date information, please visit our website.*



California Orthotic & Prosthetic Association

Government Affairs Update

Presented by **Bryce W. A. Docherty, Founder & CEO, TDG Strategies, LLC**

Bryce Docherty, COPA's lobbyist will be sharing the latest government affairs and legislative updates.

Speaker bio:

Bryce is Founder & CEO of TDG Strategies. For over 25 years, he has represented a vast array of healthcare and medical interests before all areas of state government, including physicians and surgeons, pharmacists, mid-level healthcare providers, medical device manufacturers, pharmaceuticals, telehealth disrupters, and health facilities.

Some of Bryce's prior representations and involvements include:

- Partner at KP Public Affairs, one of California's largest lobbying and public affairs firms
- President & CEO of The Docherty Group, an independent full-service consulting, government relations, and association management firm.
- Executive Director of the California Orthotic & Prosthetic Association (COPA).
- Adjunct Professor at Touro University.
- Associate Director of Government Relations for the California Medical Association.
- Legislative advocate for the Michigan State Medical Society.
- Director of Government Relations and Assistant Director for other California-based healthcare trade associations and non-profit charitable foundations.



Appropriate Benchtop and Clinical Testing Protocols for Socket Safety

Presented by **Gary Berke, MS, CP, FAAOP, Xtremity**

Thermoplastic polymers (polypropylene, copolymer, etc.) have been used for prosthetic sockets for many years. Recently, 3D printing and newer custom thermoplastic materials have made their way to prosthetics, and with that, the concern over the effect on patient perception, fit, and function as well as practitioner acceptance grows. Benchtop testing standards for TransTibial sockets (TT) are currently limited and therefore clinical validation of the use of various polymer sockets is required for practitioners to accept this as a definitive prosthetic socket alternative. This paper will explore the recommended techniques for clinical and benchtop testing standards and the results as they pertain to the Xtremity socket system.



Speaker bio:

Gary Berke is a certified prosthetist who has had an instrumental role in the development processes and testing of the XtremityTT Socket System prior to its commercial release. As Chief Clinical Officer, Gary leads Xtremity's team of Clinical Specialists and has responsibilities for clinical research and education. Gary is the owner of Berke Prosthetics and is an Adjunct Clinical Associate Professor at Stanford University in the Department of Orthopaedic Surgery. He has lectured nationally and internationally on prosthetic design and fitting, has published papers and book chapters, and his passion for prosthetic technology carries forward the mission of the company's founders to improve prosthetic care for persons with limb loss/difference in developed and developing countries.

What I Learned in My First Year as a Lobbyist

Presented by **Whitney Doyle, Florida Alliance for Assistive Services and Technology**

As practitioners, we are advocating for our patients every day. What happens when our advocacy needs to go beyond the gait lab and into the Capitol? This presentation will share my experience as a registered lobbyist in Florida. Topics will include where to find information, where to begin your advocacy efforts and the successes and challenges during my first year lobbying for a nonprofit. Participants will learn how to get started as a lobbyist and a few simple steps on how to reach legislative success.



Speaker bio:

Whitney Doyle (she/her) is the Executive Director for the Florida Alliance for Assistive Services and Technology (FAAST). Her drive for transparency and equality has led to expanded outreach of FAAST services in every county in Florida. Whitney began her career with a Bachelors of Applied Science in Orthotics and Prosthetics from St. Petersburg College and became a Certified Prosthetist in 2015. Seeking a transition away from patient care, Whitney began working on projects that aligned with her passion for equitable access. Whitney serves on the Board of Directors for the Association of Programs for Rural Independent Living, the Commission on Rehabilitation Counselor Certification, and the Florida Independent Living Council. She is also a long-time volunteer with the Florida Youth Leadership Forum and has a Master's Degree in Nonprofit Management from the University of Central Florida. Whitney is a proud eighth-generation Floridian and lives in Tallahassee with her husband, Tyler.

A Collaborative Approach to Improving the Healthcare Access Landscape for Patients Living with Limb Loss and Limb Difference

Presented by **Ashlie White, MA, Amputee Coalition**

If you could change one restrictive insurance policy overnight, what would it be? The most common answers to this question might surprise you, but the range of answers provided is perhaps the most telling. Systems change is a long game, and for a niche health specialty like O&P, it requires everyone to be on the same page, to pool resources, and to stand together. The Science Policy Interface provides a framework for evidence-informed policy making and underscores the importance of diverse involvement. This session will provide a roadmap for ways you can view your role in healthcare access advocacy.



Speaker bio:

Ashlie White, MA, is the Director of Strategic Alliances for the American Orthotic and Prosthetic Association. Prior to joining AOPA, she served as the Director of Operations for Beacon Prosthetics and Orthotics. She served eight years as the Director of Government Affairs for the North Carolina Orthotics and Prosthetics Trade Association (NCOPTA), and four years on the Board of Directors for the National Association for the Advancement of Orthotics and Prosthetics (NAAOP). Ms. White holds a Bachelor's Degree in Journalism and Mass Communication and a Master's Degree in Digital Communication from the University of North Carolina at Chapel Hill.

Toolkit Update

Presented by **Linda Collins, Össur**

Linda will present a brief session on Toolkit Update.

Speaker bio:

Linda Collins is the Director of Reimbursement Strategy at Össur. In that role, she develops and delivers programs and services related to coding, coverage, and reimbursement to O&P practitioners. She also is one of the founders and authors of Össur's R&R, Reimbursement and Regulatory Bulletin. She currently serves on the board for the California Orthotic and Prosthetic Association and is the Chair of the Reimbursement Committee. Linda received her undergraduate degree from the University of Iowa and her Master's from Arizona State University.



Communication, Proprioception, and Other Ways To Think Outside the Box

Presented by **Cosi Belloso, MSPT, Owner of Palanca, Inc.**
and host of **Cosi Talks**

After listening to this lecture, attendees will be able to recall and/or demonstrate the following:

- The importance of patient education and communication and strategies for improvement based on speaker's clinical experience.
- Utilizing above mentioned communication strategies to provide patient education regarding the concept of proprioception, how it relates to initial prosthetic training, and foundational exercises applicable to every level of amputation.
- Community resources and strategies to provide patients with an improved care experience in the post acute/outpatient clinical setting..

Speaker bio:

Cosi Belloso, MSPT is a physical therapist with 20 years experience. She has served her patients in clinical settings including ICU, acute/post-op, inpatient rehab, outpatient, and home health. She has treated within several specialties including high level trauma care, spinal cord injury, burn trauma, pediatrics, oncology, transplant, cardiac and traumatic brain injury. Her passion is working with the amputee/limb loss community.

She opened her private outpatient clinic, Palanca, in 2018 to provide rehabilitation to those recovering from limb loss and provides pre-prosthetic care, gait training and return to running and sports programs. She is also the host of Cosi Talks, a live talk show broadcasting every Wednesday evening to a global audience. Cosi Talks provides amputees, their clinicians and caregivers an opportunity to gain information, education, and empowerment while recovering from limb loss during all stages. Her online video and book fitness program, Cosi Talks Strong Body, was launched in November 2021 to further provide resources for her viewers, patients, and fellow clinicians.



Power Knee – The Next Generation

Presented by **Justin Pratt, CP, Össur**

Attendees will have an opportunity to learn of various aspects of Power Knee. The topics to be presented will be Clinical Applications and benefits regarding how the end user will benefit from powered technology, how to identify candidates, the various programming parameters which will enhance the end user experience and reimbursement discussion.

Speaker bio:

Upon joining Össur Americas, Justin was assigned to the role of Clinical specialist, which serves as a clinical educational resource for Certified Prosthetists as well as various Össur teams within sales, marketing, and engineering. Justin then transitioned to supporting the education and continued development of POWER KNEE, focusing on this technology while supporting various other aspects of the business. In the Spring of 2015, Justin was assigned to be the Össur Academy Director, managing the Össur Academy Team which held responsibilities with Education platforms, strategic planning, and execution of various clinical projects, supporting the marketing team as well as Research and development. In April 2020, Justin was promoted to Sr. Director of Össur Academy Americas, Prosthetics. This continued the responsibilities with his clinical team as well as extended with the Touch Solutions/Upper Limb Bionics Team.



Twenty-Two Year “Lean” Journey in Prosthetics and Orthotics - A Virtual Presentation

Presented by **Dave Hughes, CPO, LPO, Cornerstone P & O**

This clinical presentation will define and demonstrate digital workflow used in clinical practice. Attendees will learn different techniques for scanning patients, choices for hardware and software, and methods of fabrication.

Speaker bio:

Medical Degree: University of Washington School of Medicine – Rehabilitation Medicine Bachelor of Science in Prosthetics & Orthotics, Seattle 1984

Licenses: American Board Certified & Washington State Licensure

Awards: 2019 Distinguished Practitioner Award in American Academy of Orthotists & Prosthetists

The sole owner of Cornerstone P & O since 1998, overseeing the company’s daily operations. He specializes in all types of prosthetic and orthotic patient care and serves as an adjunct lecturer with keen interest in Lean Manufacturing principles.



Getting Started In Digital Workflow: Scanning Amputees, And Scanning AFO/KAFOs in Neutral with an Adjustable Triplaner Scanning Fixture

Presented by **Jon Naft, CPO, GRE, MyoMo**

This clinical presentation will define and demonstrate digital workflow used in clinical practice. Attendees will learn different techniques for scanning patients, choices for hardware and software, and methods of fabrication.



Speaker bio:

Jonathan Naft is an ABC Certified Prosthetist-Orthotist and the Founder and President of Geauga Rehabilitation Engineering, a research, product development, and patient care center in Cleveland, Ohio. Mr. Naft is also a clinical consultant to Myomo, and founder of Comb O&P. He is a graduate of the Ohio State University College of Engineering and Northwestern University's Prosthetic-Orthotic Center. His work has been award-winning. Jonathan was recognized by the American Academy of Prosthetists and Orthotists with both the Clinical Creativity Award and the prestigious Tamarack Prize. At G.R.E. O&P, Jonathan divides his time between patient care and R&D. His work has included the co-development of the MyoPro myoelectric orthosis, the Becker E-Knee, the HFAD, and the web site L-Codesearch.com. Jonathan was a member of the International Prosthetic Foot Task Force that helps create testing systems for global foot manufacturers, he is a volunteer ABC examiner, and longstanding member of AOPA's Coding and Reimbursement Committee.

Revolutionizing Lower Limb Prosthetics with Innovative Socket Materials

Presented by **Pamela Hale, CPO, Clinical Educator, Amparo Prosthetics**

- What the Confidence Socket by Amparo Prosthetics is and it's intended use
- Patient indications and contraindications
- Fabrication Process
- How the Confidence Socket can be successfully implemented in a practice

Speaker bio:

Pam is an ABC certified Prosthetist and Orthotist with over 30 years of experience in clinical practice, clinic management, clinical education, worker's compensation, and compliance within the O&P profession. After an initial 20 years with Hanger in a variety of both orthotic and prosthetic clinical roles, she transitioned to working with manufacturers to provide clinical and technical support through both in-person and online education. Pam recently joined Amparo Prosthetics as a Clinical Consultant to bring a US clinical focus to this new approach to creating lower limb prosthetic socket solutions. She will provide valuable insights into product development for future Amparo products, conduct clinical training sessions in a variety of formats, assist in the creation of clinical support materials, and provide technical support for Amparo customers.

